



**YOU CAN  
QUIT**  
NICOTINE ADDICTION

**1-866-NY-QUITS**  
(1-866-697-8487)



Talk.



Get support.



Get medications.

Developed by Roswell Park Cessation Services for the New York State Smokers' Quitline, located in Roswell Park Comprehensive Cancer Center.



**You never gave up on me –**  
and I've finally been able to quit!  
(QUITLINE CALLER)

## Let us help

**For over 20 years**, the New York State Smokers' Quitline has helped NY residents quit tobacco.

Today, we help New Yorkers quit smoking and vaping by offering one-on-one, tailored **phone, online, and text support**, as well as a **FREE supply of patches and more!**

## Get started

Thinking about quitting smoking, vaping, or other forms of tobacco?

Call **1-866-697-8487**

Visit **nysmokefree.com**

Text **QUITNOW** to **333888**

Or scan

